

First Impressions

What makes a good first impression?

- Smile
- Be courteous
- Eye contact
- Repeating the person's name
- Good hand shake
- Leaning forward in your seat
- Clean and neat (dressed appropriately)
- Basic color for clothes (no Hawaiian shirts, neon colors...)
- Hair combed
- Prepared with questions for the employer
- Prepared with additional resumes/reference sheets, letters of recommendation, portfolio...
- Being on time or even a bit early
- Turn off cell phone
- Cover tattoos when possible

What makes a bad first impression?

- Wimpy hand shake
- Looking away
- Looking disinterested
- Interrupting the speaker
- Chewing gum
- Forgetting the person's name
- Looking at your watch
- Being unprepared
- Poor grooming
- Showing up late
- Foul language
- Slouching
- Having a hang-over
- Wearing a hat
- Arriving to a job site/interview speeding or playing loud music